All CIEP, undergraduate and graduate international students will be required to carry the UNI Student Health Insurance Plan (SHIP). Find more information at https://health.uni.edu/insurance/international.

I AM AN INTERNATIONAL STUDENT AND HAVE OTHER INSURANCE:
To be allowed to waive the university SHIP coverage, you must have government-sponsored or corporate insurance that meets the university’s comparable coverage guidelines. You must provide this documentation for review by the semester deadline. No exceptions will be made and no refund of premiums will be given if proof of government-sponsored coverage is not received by the deadlines on the right.

INTERNATIONAL STUDENT PROOF OF COVERAGE DEADLINES:
- Fall: Sep 9
- Spring: Feb 9
- Summer: Jun 9

PLANS AVAILABLE AND THE COST

STUDENT HEALTH INSURANCE PROGRAM (SHIP)

<table>
<thead>
<tr>
<th>Premium Rates / Month</th>
<th>Ship Premium Rates/Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Only</td>
<td>$300</td>
</tr>
<tr>
<td>Student + Spouse/Partner</td>
<td>$1,188</td>
</tr>
<tr>
<td>Student + Child(ren)</td>
<td>$1,084</td>
</tr>
<tr>
<td>Student + Family</td>
<td>$1,512</td>
</tr>
</tbody>
</table>

PLAN HIGHLIGHTS
- Can choose any provider. Participating providers = lower out-of-pocket costs
- Worldwide coverage
- $0 copay for immunizations, well-child care & other routine physicals; $50 copay for Emergency Room
- Other covered services: chiro, physical therapy, mental health visits, and more.
- Medical evacuation & repatriation benefits
- OPM: $1,700 single / $5,400 family

3 TIER PRESCRIPTION DRUG PLAN
- Tier 1: 25% coinsurance
- Tier 2: 50% coinsurance
- Tier 3: 50% coinsurance
- OPM: $1,000 single / $2,000 family

STUDENT DENTAL INSURANCE PROGRAM

<table>
<thead>
<tr>
<th>Premium Rates / Month</th>
<th>Dental Premium Rates/Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Only</td>
<td>$25</td>
</tr>
<tr>
<td>Student + Spouse/Partner</td>
<td>$47</td>
</tr>
<tr>
<td>Student + Child(ren)</td>
<td>$67</td>
</tr>
<tr>
<td>Student + Family</td>
<td>$80</td>
</tr>
</tbody>
</table>

PLAN HIGHLIGHTS
- Can choose any provider. Participating providers = lower out-of-pocket costs
- 3 Tier provider network: PPO, Premier, and non-participating
- No out-of-pocket costs for check ups & teeth cleaning
- Annual Maximum = $1,000 / person
- Tier 1 Deductible = $15 single / $45 family
- Tier 2 and 3 = $25 / $75
- Vision discount benefits through DeltaVision

BILLING OF PREMIUMS

All premiums will be charged on a monthly basis. You will receive a bill from the University of Iowa for your health insurance premium. You may choose to have premiums deducted from a savings or checking account by completing the appropriate section on your enrollment form.

For Billing Questions:
- email: ship@uni.edu
- call: 319-273-7736

The University of Northern Iowa offers health and dental insurance coverage to students through the Student Health Insurance Plan (SHIP), a group policy administered by Wellmark Blue Cross and Blue Shield of Iowa, and the Student Dental Plan, a group policy administered by Delta Dental of Iowa.

KEY TERMS
- Copay: flat fee owed at the time you use a covered service
- Coinsurance: percent billed to you after you use a covered service, or can be collected at time of service
- Out-of-Pocket Maximum (OPM): most you’ll pay each year for covered services
- Deductible: dollar amount you pay up front before the plan starts to pay for covered services
WHEN TO ENROLL AND HOW

You can enroll during Open Enrollment or with a qualifying event. You can find the enrollment form at https://health.uni.edu/insurance. After you have completed your enrollment form, you may return it to the UNI Student Health Clinic Insurance Office by the appropriate enrollment period deadline.

- Coverage will begin the first of the month following receipt of your enrollment form, unless the form is received during the open enrollment period.
- Coverage may begin the first day of August, January, or May upon request if enrollment form is received within the open enrollment period.
- Eligible dependents may be added during open enrollment periods and/or within 30 days of a change of status. Examples: Marriage/divorce, death of spouse or child, birth/adoptions of a child, change in employment for yourself or spouse.
- You do not need to re-enroll at the beginning of each academic year unless changing your coverage.
- You will receive your insurance cards 15-21 days after your SHIP enrollment has been processed.

WHERE CAN I GO FOR CARE?

ON CAMPUS/Local Area
- UNI Student Health Clinic - (319) 273-2009
- Urgent Care Centers
  - for locations visit: https://health.uni.edu/about/hours#urgent
- ANY Blue Cross/Blue Shield Provider
  - Search for a medical provider: www.wellmark.com or
  - ANY Delta Dental of Iowa Provider
  - Search for a dental provider: www.deltadentalia.com
- Non-Blue Cross/Blue Shield Provider or a Non-participating dentist
  - can result in higher out-of-pocket costs due to balance billing
- Hospital Emergency Room
- Patient Engagement Nurse-on-Call - (319) 272-2600

OFF CAMPUS/National Coverage
- Urgent Care / QuickCare facilities
- ANY Blue Cross/Blue Shield
  - Search for a medical provider: www.wellmark.com or
  - ANY Delta Dental of Iowa Provider
  - Search for a dental provider: www.deltadentalia.com
- Non-Blue Cross/Blue Shield Provider or a Non-participating dentist
  - can result in higher out-of-pocket costs due to balance billing
- Hospital Emergency Room
- Patient Engagement Nurse-on-Call - (319) 272-2600

HOW DO I TERMINATE MY COVERAGE?

Coverage will be continuous unless one of the following occurs:

- You have graduated or withdrawn your enrollment from the University: Your coverage will terminate at the end of the month in which you cease to be registered for classes.
  
  Note: A student wanting coverage over the summer session must either be registered for that session or registered for fall prior to the end of spring semester.

- You have obtained insurance from another carrier: Your coverage will terminate the last day of the month in which you gained coverage. The student must provide written documentation to the UNI Student Health Clinic Insurance Office.

The SHIP plan is designed to work in conjunction with Student Health Services. If you are registered for five (5) or more credit hours per semester, you are assessed the student health fee. If you are enrolled for less than five (5) semester hours, you may choose to pay the health fee and obtain the same benefits.

Students are encouraged to take advantage of the UNI Student Health Clinic when they need health care in order to maximize their benefits.

- Unlimited student office visits with a healthcare provider at no cost
- Subsidizes the cost associated with other services
- Supports public health initiatives on campus
- Promotes health activities

Find out more information at: https://health.uni.edu/about/charges-fees

REMEMBER!

Read your email, snail mail and keep your local address up-to-date.

Always carry your insurance card or have it accessible electronically.

QUESTIONS?

Contact:
UNI Student Health Clinic Insurance Office

Our Website:
health.uni.edu/insurance-information

E-Mail us: ship@uni.edu  Call us: 319-273-7736

Revised 5.25.2021